

# What's on the Menu?

## Fruitport Elementary Menu March 4

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

Waffles	Scrambled Egg Bowl	Fruit Smoothie	Pancakes	No School
Buttermilk Waffles, Sausage Patty	Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese	Yogurt blended with frozen Fruit Blend and a side of Granola	Tater Tots	
				

### Lunch

Chicken Tenders	Walking Taco	Mini Pancakes	Mac & Cheese	
Crispy Chicken Tenders with BBQ Sauce Fresh Vegetables & Fruit	Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit	Mini Buttermilk Pancakes with Sausage Fresh Vegetables & Fruit	Fresh Vegetables & Fruit	
<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	

Lunch Prices  
 Full Pay: \$2.65  
 Reduced Pay: \$0.40  
 Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



This institution is an equal opportunity provider.

serving up happy & healthy

# What's on the Menu?

Fruitport Middle & High Schools: March 4

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

<p><b>Waffles</b> Buttermilk Waffles, Sausage Patty</p>	<p><b>Breakfast Bowl</b> Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese</p>	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Pancakes</b> Tater Tots</p> 	<p><b>No School</b></p>
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## STUDENT CHOICE FOOD YOUR WAY

Fried Chicken

Taco Salad

Waffles

French Bread Pizza

Crispy Fried Chicken Quarters.  
Served with Mashed Potatoes and  
Gravy, Coleslaw

Choice of Fajita Chicken or Beef  
Taco Meat on a bed of Lettuce,  
Complete your salad with  
Tomato, Onions, Peppers,  
Shredded Cheese and Salsa &  
Zesty Ranch

WG Waffles, Sausage Patty, Tater  
Tots

Classic French Bread topped with  
tomato sauce and Cheese.  
Served with French Fries

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

## BUILD pizza by design

Hawaiian Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40  
Adult: \$5.25

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serving up happy & healthy



Vegetarian



Locally Grown

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# What's on the Menu?

## Fruitport Elementary Menu March 11

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<p><b>WG Muffin</b> Served with String Cheese</p> 	<p><b>Breakfast Wrap</b> Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla</p>	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Baked Cinnamon Oatmeal</b> Warm Oatmeal mixed with Cinnamon</p> 	<p><b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit</p>
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### Lunch

<p><b>Classic Cheeseburger</b> American Cheese on an All-Beef Patty. Served with Tater Tots Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Fiestada Pizza</b> Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>School Pepperoni Pizza</b> Traditional Square Pizza Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Mini Corn Dogs</b> Served with Tater Tots Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Half Day</b></p> <p><b>No Lunch</b></p>
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Lunch Prices  
Full Pay: \$2.65  
Reduced Pay: \$0.40  
Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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# What's on the Menu?

Fruitport Middle & High Schools: March 11

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

### WG Muffin

Served with String Cheese



### Breakfast Wrap

Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla

### Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



### Baked Cinnamon Apple Oatmeal

Warm Oatmeal mixed with Cinnamon and Apple Slices



### Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit



### Baked Potato Bar

Build your own Baked Potato - Load it up with choice of Diced Ham, Bacon Crumbles, Cheese Sauce, and Diced Onion

### Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

### School Pizza

Traditional Square Pizza. Served with Tater Tots

### Mini Corn Dogs

Mini Corn Dogs with BBQ Sauce on the side. Served with Baked Beans

**Half Day  
No Lunch**

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*



### Veggie Pizza



### BBQ Pizza

### Supreme Pizza

### Mushroom Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



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Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



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# What's on the Menu?

## Fruitport Elementary Menu March 18

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<p><b>Fruedel</b> Fruit filled Pastry served warm</p> 	<p><b>Buttermilk Waffles</b> Buttermilk Waffles served with Syrup</p> 	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit</p>	<p><b>Assorted Cereal Bowl</b> Yogurt Assorted Fresh Chilled Fruit</p> 
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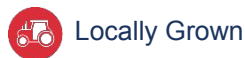
### Lunch

<p><b>Chicken Tenders</b> Crispy Chicken Tenders with BBQ Sauce Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Chips &amp; Cheese</b> Corn Tortilla Chips served with Cheese Sauce and Salsa Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Calzone</b> Pizza Crust filled with Cheese, Pepperoni and Sauce Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Hot Dog</b> Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Chicken Alfredo Pasta</b> Rotini Pasta tossed in creamy Alfredo Sauce with diced Chicken Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices  
Full Pay: \$2.65  
Reduced Pay: \$0.40  
Adult: \$5.25

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# What's on the Menu?

Fruitport Middle & High Schools: March 18

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

### Fruedel

Fruit filled Pastry served warm

### Buttermilk Waffles

Buttermilk Waffles served with Syrup

### Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



### Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit

### Chicken & Waffle Breakfast Sandwich

Waffles and a Crispy Chicken Patty with American Cheese.



### Hamburger Or Hot Dog Bar

Choice of Hamburger or Hot Dog. Served with Fries

### Chicken Quesadilla

Seasoned Chicken and Shredded Cheese in a Flour Tortilla. Served with Salsa & Sour Cream

### Mac & Cheese

Creamy Mac & Cheese. Served with Tater Tots

### Buffalo Chicken Dip

Diced Chicken in a creamy Mozzarella Cheese, Cream Cheese, and Buffalo Sauce mix. Served with Pretzels

### Fried Fish Basket

Crispy Fried and Flaky. Served with Fries

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*



Hawaiian Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Buffalo Chicken Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

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Adult: \$5.25



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# What's on the Menu?

## Fruitport Elementary Menu March 25

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<b>Pancakes</b> Tater Tots 	<b>Assorted Cereal Bowl</b> Yogurt Assorted Fresh Chilled Fruit 	<b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola 	<b>Breakfast Pizza</b> Sausage Breakfast Pizza	<b>No School</b>
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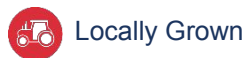
### Lunch

<b>Pepperoni Bosco Stick</b> Breadstick filled with Pepperoni and Mozzarella Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Walking Taco</b> Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Waffles</b> Buttermilk Waffles with Sausage Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Corn Dog</b> Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Spring Break!</b>
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Lunch Prices  
 Full Pay: \$2.65  
 Reduced Pay: \$0.40  
 Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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# What's on the Menu?

Fruitport Middle & High Schools: March 25

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

<p><b>WG Pancakes</b> Sausage, Tater Tots</p> 	<p><b>Cereal Bowl</b> Yogurt Assorted Fresh Chilled Fruit</p> 	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Breakfast Pizza</b> Sausage Breakfast Pizza</p>	<p><b>No School</b></p>
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## STUDENT CHOICE FOOD YOUR WAY

**Chili Cheese Fries**

French Fries topped with a Creamy Cheese Sauce and choice of diced vegetables.

**Taco/Nacho Bar**

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

**Popcorn Chicken & Mashed Potato Bowl**

Popcorn Chicken over Mashed Potatoes and Corn. Covered in Chicken Gravy and served with a Biscuit

**Ravioli Bar**

Choice of Marinara or Alfredo on Cheese Stuffed Ravioli

**Spring Break!**

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

## BUILD pizza by design

Chicken Bacon Ranch Pizza

BBQ Pizza

Taco Pizza

Bacon Cheeseburger Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



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Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25

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